

AAU REGION 1 GIRLS' ANNUAL TOP PERFORMANCES & RECORDS

(Note: The top performer or record holder stats represented here are the best performances by athletes at the regional meet. The athletes listed here may not have been the overall winner of the event.)

Girls 100 Meter Dash Primary

(Region 1 Record: 2004 Morton, Breashia 96 Paterson, NJ 15.39)

2005	Jasmine Johnson	97 Jeuness	15.78
2004	Morton, Breashia	96 Paterson, NJ	15.39
2003	Taylor Cosby	95 Jersey Shore	15.52
2002	Simone Grant	94 Bronx, NY	16.00

Girls 200 Meter Dash Primary

(Region 1 Record: 2004 Morton, Breashia 96 Paterson, NJ 31.96)

2005	Alesia McCarthy	97 Elmont Panthers	33.08
2004	Morton, Breashia	96 Paterson, NJ	31.96
2003	Shenig McMullen	95 Freeport, NY	32.04
2002	Triniece Brown	94 Cambridge Heights	32.88

Girls 400 Meter Dash Primary

(Region 1 Record: 2004 Morton, Breashia 96 Paterson, NJ 1:15.10)

2005	Crystal Green	97 Westbury Pal	1:20.07
2004	Morton, Breashia	96 Paterson, NJ	1:15.10
2003	Shenig McMullen	95 Freeport, NY	1:18.87
2002	Triniece Brown	94 Cambridge heights	1:19.56

Girls 800 Meter Run Primary

(Region 1 Record: 2003 Shenig McMullen 95 Freeport, NY 2:42.36)

2005	Rayna Ortiz	97 Jettas	3:17.49
2004	Ethridge, Kharyn	96 Jeuness	2:54.94
2003	Shenig McMullen	95 Freeport, NY	2:42.36
2002	Natori Burgess	94 Paterson, NJ	3:00.00

Girls Long Jump Primary

(Region 1 Record: 2003 Tysheena Oakley 95 Manhattan, NY 9-11.50 3.03m)

2005	Faith Penny	97 East Islip Track	9-07.00	2.92m
2004	None			
2003	Tysheena Oakley	95 Manhattan, NY	9-11.50	3.03m
2002	Amanda Van Buskirk	94 Tom River, NJ	9-05.00	2.87m

Girls Shot Put Primary

(Region 1 Record: 2002 Adrienne Alexander 94 queens, NY 14-03.00 4.34m)

2005	None			
2004	None			
2003	Tatyana Francis	95 Bronx, NY	9-06.00	2.89m
2002	Adrienne Alexander	94 queens, NY	14-03.00	4.34m

Girls 100 Meter Dash Sub-Bantam

(Region 1 Record: 2004 Moss, Desiree 95 Neptune, NJ 14.31)

2005	Shaniqua Kirkpatrick	96 Ruff Kutz	15.18
2004	Moss, Desiree	95 Neptune, NJ	14.31
2003	Lauren Henry	94 Roslyn, NY	15.56
2002	Jade Johnson	93 South Orange, NJ	15.38

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Girls 200 Meter Dash Sub-Bantam

(Region 1 Record: 2004 Moss, Desiree 95 Neptune, NJ 29.67)

2005	Nia Dupiche	96 Franklin track	31.86
2004	Moss, Desiree	95 Neptune, NJ	29.67
2003	Lateisha Philson	94 Queens Village, NY	32.37
2002	Jade Johnson	93 Southorange, NJ	31.00

Girls 400 Meter Dash Sub-Bantam

(Region 1 Record: 2004 McMullen, Shenia 95 Jeuness 1:06.46)

2005	Amber Storey	96 Supersonics	1:12.58
2004	McMullen, Shenia	95 Jeuness	1:06.46
2003	Triniece Brown	94 Springfield Garden	1:15.89
2002	Jade Johnson	93 Southorange, NJ	1:11.06

Girls 800 Meter Run Sub-Bantam

(Region 1 Record: 2004 McMullen, Shenia 95 Jeuness 2:32.60)

2005	Crystal Lawrence	96 Transy	2:40.36
2004	McMullen, Shenia	95 Jeuness	2:32.60
2003	Triniece Brown	94 Springfield Garden	2:46.48
2002	Ines Simoes	93 newark, NJ	2:42.65

Girls 1500 Meter Run Sub-Bantam

(Region 1 Record: 2005 Crystal Lawrence 96 Transy 5:26.90)

2005	Crystal Lawrence	96 Transy	5:26.90
2004	McMullen, Shenia	95 Jeuness	5:36.50
2003	Cayla Del Piano	94 South Bruns	5:56.29
2002	Ines Simoes	93 newark, NJ	5:32.25

Girls 1500 Meter Race Walk Sub-Bantam

(Region 1 Record: 2004 Del Piano, Lindsay 95 South Brunswick 9:36.28)

2005	None		
2004	Del Piano, Lindsay	95 South Brunswick	9:36.28
2003	Natalia ST Lawrence	94 Garrison, NY	11:39.28
2002	None		

Girls High Jump Sub-Bantam

(Region 1 Record: 2004 Bard, Rebecca 95 New York Starz 3-08.00 1.11m)

2005	Amber Storey	96 Supersonics	3-04.00	1.01m
2004	Bard, Rebecca	95 New York Starz	3-08.00	1.11m
2003	Amanda Van Buskirk	94 Wall Track C	3-04.00	1.01m
2002	None			

Girls Long Jump Sub-Bantam

(Region 1 Record: 2002 Shashana Beadle-Jones 93 Montclair, NJ 11-01.50 3.39m)

2005	Tatiana Sanders	96 Jettas	8-06.50	2.60m
2004	Marcus, Jalilissa	95 Atoms Track Club	10-01.00	3.07m
2003	Amanda Van Buskirk	94 Wall Track C	10-04.00	3.14m
2002	Shashana Beadle-Jones	93 Montclair, NJ	11-01.50	3.39m

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Girls Shot Put Sub-Bantam

(Region 1 Record: 2004 McKoy, Njaire 95 Englewood, NJ 19-00.50 5.80m)

2005	Kiara Carpenter	96 Supersonics	14-07.75	4.46m
2004	McKoy, Njaire	95 Englewood, NJ	19-00.50	5.80m
2003	Amber Taylor	94 South Bruns	14-05.00	4.39m
2002	Njeri Allen	93 West Orange, NJ	11-07.50	3.54m

Girls 100 Meter Dash Bantam

(Region 1 Record: 2005 Ayele Townsend 95 Una 13.88)

2005	Ayele Townsend	95 Una	13.88
2004	Dorisca, Natasha	94 Atoms Track Club	13.92
2003	Jade Johnson	93 Comets	14.84
2002	Tylia Gillon	92 lopatcong, NJ	14.12

Girls 200 Meter Dash Bantam

(Region 1 Record: 2003 Brie Roller 93 Cortlandt, NY 28.77)

2005	Desiree Moss	95 Jersey Shore	29.07
2004	Dorisca, Natasha	94 Atoms Track Club	29.20
2003	Brie Roller	93 Cortlandt, NY	28.77
2002	Briana Barlow	92 New Brunswick, NJ	29.62

Girls 400 Meter Dash Bantam

(Region 1 Record: 2004 Wilson, Ajee' 94 Neptune, NJ 1:01.48)

2005	Tysheena Oakley	95 Atoms Track Club	1:06.65
2004	Wilson, Ajee'	94 Neptune, NJ	1:01.48
2003	Brie Roller	93 Cortlandt, NY	1:07.60
2002	Jessica Jackson	92 Prospectpark, NJ	1:08.02

Girls 800 Meter Run Bantam

(Region 1 Record: 2005 kiana Blackshear 95 Atoms Track Club 2:35.02)

2005	kiana Blackshear	95 Atoms Track Club	2:35.02
2004	Wilson, Ajee'	94 Neptune, NJ	2:34.59
2003	Nyree Burgess	93 Transy	2:38.69
2002	Jessica Jackson	92 Prospectpark, NJ	2:40.93

Girls 1500 Meter Run Bantam

(Region 1 Record: 2003 Ines Simoes 93 Benefica 5:17.89)

2005	Shayla Harris	95 Comets	5:28.67
2004	Del Piano, Cayla	94 South Brunswick	5:33.17
2003	Ines Simoes	93 Benefica	5:17.89
2002	Nicole Cordeiro	92 newark, NJ	5:54.06

Girls 1500 Meter Race Walk Bantam

(Region 1 Record: 2004 Lane, Courtney 94 New York Starz 9:28.84)

2005	Blaise Calandrillo	95 Unattached	9:44.40
2004	Lane, Courtney	94 New York Starz	9:28.84
2003	None		
2002	None		

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Girls 4x100 Meter Relay Bantam

(Region 1 Record: 2004 Atoms Track Club 'A' 58.98)

2005	Tnt Express Track Club 'A'	1:04.28
2004	Atoms Track Club 'A'	58.98
2003	Supersonics Track Club 'A'	1:00.27
2002	Supersonc Track Club 'A'	59.65

Girls 4x400 Meter Relay Bantam

(Region 1 Record: 2002 Supersonc Track Club 'A' 5:02.05)

2005	None	
2004	Comets Track Club 'A'	5:14.43
2003	Stars 'A'	4:51.85
2002	Supersonc Track Club 'A'	5:02.05

Girls High Jump Bantam

(Region 1 Record: 2005 Njaire McKoy 95 Jettas 4-00.00 1.21m)

2005	Njaire McKoy	95 Jettas	4-00.00	1.21m
2004	Worthy, Fatima	94 N.Y. Novas	3-10.00	1.16m
2003	Enrica Nixon	93 New Rochelle, NY	3-08.00	1.11m
2002	None			

Girls Long Jump Bantam

(Region 1 Record: 2002 Nicole Cummings 92 Peekskill, NY 13-00.75 3.98m)

2005	Ayele Townsend	95 Una	12-06.00	3.81m
2004	Van Buskirk, Amanda	94 Toms River, NJ	11-05.25	3.48m
2003	Brie Roller	93 Cortlandt, NY	13-01.00	3.98m
2002	Nicole Cummings	92 Peekskill, NY	13-00.75	3.98m

Girls Shot Put Bantam

(Region 1 Record: 2005 Njaire McKoy 95 Jettas 24-07.75 7.51m)

2005	Njaire McKoy	95 Jettas	24-07.75	7.51m
2004	None			
2003	Rhea Phpps	93 New Rochelle, NY	19-05.50	5.93m
2002	Amarrae Stevens	92 Rochester, NY	18-11.00	5.76m

Girls 100 Meter Dash Sub-Midget

(Region 1 Record: 2003 Briana Barlow 92 Supersonic 13.12)

2005	Kassandra Pierre	94 Una	13.61
2004	Rivers, Ty"Quasha	93 White Plains Fut	14.66
2003	Briana Barlow	92 Supersonic	13.12
2002	Patrice Johnson	91 bronx, NY	13.56

Girls 200 Meter Dash Sub-Midget

(Region 1 Record: 2002 Shanyce Goulding 91 freeport, NY 27.63)

2005	Kassandra Pierre	94 Una	28.35
2004	Johnson, Jade	93 South Orange, NJ	28.87
2003	Asja Goode	92 Supersonic	26.82
2002	Shanyce Goulding	91 freeport, NY	27.63

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Girls 400 Meter Dash Sub-Midget

(Region 1 Record: 2003 Asja Goode 92 Supersonic 1:03.36)

2005	Ajee Wilson	94 Jersey Shore	1:05.04
2004	Dasilva, Shanique	93 Jeuness	1:07.99
2003	Asja Goode	92 Supersonic	1:03.36
2002	Shanyce Goulding	91 freeport, NY	1:05.10

Girls 800 Meter Run Sub-Midget

(Region 1 Record: 2005 Ajee Wilson 94 Jersey Shore 2:31.39)

2005	Ajee Wilson	94 Jersey Shore	2:31.39
2004	Amaral, Joelle	93 Randolph, NJ	2:33.60
2003	Malekah Holland	92 Freeport, NY	2:33.73
2002	Alexis Easterling	91 White Plains, NY	2:37.54

Girls 1500 Meter Run Sub-Midget

(Region 1 Record: 2004 Amaral, Joelle 93 Randolph, NJ 5:05.72)

2005	Ajee Wilson	94 Jersey Shore	5:07.38
2004	Amaral, Joelle	93 Randolph, NJ	5:05.72
2003	Malekah Holland	92 Freeport, NY	5:21.57
2002	Monique Graham	91 Paterson, NJ	5:13.43

Girls 3000 Meter Run Sub-Midget

(Region 1 Record: 2004 Simoes, Ines 93 Newark, NJ 11:13.14)

2005	Debbie	94 Den of Lions	14:42.03
2004	Simoes, Ines	93 Newark, NJ	11:13.14
2003	Nicole Cordeiro	92 Benefica	11:28.52
2002	Monique Graham	91 Paterson, NJ	11:42.09

Girls 1500 Meter Race Walk Sub-Midget

(Region 1 Record: 2004 Wrotny, Taryn 93 Monmouth Junction 9:35.83)

2005	Natalia St. Lawrence	94 New York Starz	9:43.00
2004	Wrotny, Taryn	93 Monmouth Junction,	9:35.83
2003	Soroya Hudson	92 Yorktown, NY	9:59.09
2002	None		

Girls 80 Meter Hurdles Sub-Midget

(Region 1 Record: 2003 Nicole Cummings 92 Pekskill, NY 13.62)

2005	Patrice High	94 Meteor Eagles	16.77
2004	Francis, Chamique	93 Ruff Kutz	15.54
2003	Nicole Cummings	92 Pekskill, NY	13.62
2002	None		

Girls High Jump Sub-Midget

(Region 1 Record: 2005 Raina Floyd 94 QuickSilver 4-04.00 1.32m)

2005	Raina Floyd	94 QuickSilver	4-04.00	1.32m
2004	Carpenter, Yakira	93 North Brunswick, NJ	4-02.00	1.27m
2003	Soroya Hudson	92 Yorktown, NY	4-00.00	1.21m
2002	Dara Edge	91 Norwood, MA	4-00.00	1.21m

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Girls Long Jump Sub-Midget

(Region 1 Record: 2003 Nicole Cummings 92 Pekskill, NY 13-09.25 4.19m)

2005	Natalia St. Lawrence	94 New York Starz	13-00.00	3.96m
2004	Mc Queen, June	93 Dayton, NJ	11-08.50	3.56m
2003	Nicole Cummings	92 Pekskill, NY	13-09.25	4.19m
2002	Milan E	91 Peekskill, NY	12-00.00	3.65m

Girls Shot Put Sub-Midget

(Region 1 Record: 2005 Adrienne Alexander 94 Metor Eagles 28-06.25 8.69m)

2005	Adrienne Alexander	94 Metor Eagles	28-06.25	8.69m
2004	Brooks, Niteesa	93 Somerset, NJ	22-10.00	6.95m
2003	Lindsey Sherman	92 Comets	18-11.50	5.77m
2002	Jazzmyn Ruff	91 Paterson, NJ	16-01.00	4.90m

Girls Discus Throw Sub-Midget

(Region 1 Record: 2004 Brooks, Niteesa 93 Somerset, NJ 37-11 11.55m)

2005	None			
2004	Brooks, Niteesa	93 Somerset, NJ	37-11	11.55m
2003	Candice Cardwell	92 New Rochelle, NY	51-06.25	15.70m
2002	Summer Groh	91 Manasquan, NJ	33-02.50	10.12m

Girls 100 Meter Dash Midget

(Region 1 Record: 2004 Barlow, Briana 92 New Brunswick, NJ 12.68)

2005	Naja Hunt	93 Wetbury Pal	13.95	
2004	Barlow, Briana	92 New Brunswick, NJ	12.68	
2003	Shikiera Dumas	91 Pegasus	13.13	
2002	Renee McDougall	90 Yorktown, NY	13.44	

Girls 200 Meter Dash Midget

(Region 1 Record: 2004 Goode, Asja 92 North Brunswick, NJ 25.80)

2005	Alexis Mapson	93 Harlem Striders	27.17	
2004	Goode, Asja	92 North Brunswick, NJ	25.80	
2003	Shikiera Dumas	91 Pegasus	26.58	
2002	Tishawna Santana	90 Brooklyn, NY	27.51	

Girls 400 Meter Dash Midget

(Region 1 Record: 2005 Alexis Mapson 93 Harlem Striders 57.69)

2005	Alexis Mapson	93 Harlem Striders	57.69	
2004	Goode, Asja	92 North Brunswick, NJ	58.56	
2003	Renisha Hurst	91 Freep0rt, NY	1:02.80	
2002	Kristin Crawford	90 Prospect Park, NJ	1:00.11	

Girls 800 Meter Run Midget

(Region 1 Record: 2005 Alexis Mapson 93 Harlem Striders 2:25.92)

2005	Alexis Mapson	93 Harlem Striders	2:25.92	
2004	Holland, Malekah	92 Jeuness	2:26.40	
2003	Monique Graham	91 Transy	2:28.13	
2002	Le'Jada Lampley	90 Elizabeth, NJ	2:26.01	

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Girls 1500 Meter Run Midget

(Region 1 Record: 2002 Briana Jackucewicz 90 Farmingdale, NJ 4:58.60)

2005	Ines Simoes	93 Den of Lions	5:01.80
2004	Holland, Malekah	92 Jeuness	5:04.72
2003	Monique Graham	91 Transy	5:09.03
2002	Briana Jackucewicz	90 Farmingdale, NJ	4:58.60

Girls 3000 Meter Run Midget

(Region 1 Record: 2002 Briana Jackucewicz 90 Farmingdale, NJ 10:37.34)

2005	Ines Simoes	93 Den of Lions	11:05.28
2004	Cordeiro, Nicole	92 Colonia, NJ	11:41.03
2003	Monique Graham	91 Transy	11:33.43
2002	Briana Jackucewicz	90 Farmingdale, NJ	10:37.34

Girls 1500 Meter Race Walk Midget

(Region 1 Record: 2002 Allison Snochowski 90 Fairlawn, NJ 7:50.93)

2005	None		
2004	Hudson, Soroya	92 New York Starz	9:23.44
2003	Victoria Dell Aquila	91 Unattached	8:02.92
2002	Allison Snochowski	90 Fairlawn, NJ	7:50.93

Girls 80 Meter Hurdles Midget

(Region 1 Record: 2004 Cumming, Nicole 92 White Plains Fut 12.82)

2005	Chamique Francis	93 Ruff Kutz	13.80
2004	Cumming, Nicole	92 White Plains Fut	12.82
2003	Elrica Nixon	91 New Rochelle, NY	14.14
2002	Natalie Bujalski	90 Colonia, NJ	14.16

Girls 4x100 Meter Relay Midget

(Region 1 Record: 2004 Supersonics Track Club 'A' 50.97)

2005	Ruff Kutz 'A'	56.02
2004	Supersonics Track Club 'A'	50.97
2003	Supersonics Track Club 'A'	55.15
2002	Metro Eaglestrack Club 'A'	55.18

Girls 4x400 Meter Relay Midget

(Region 1 Record: 2003 Jeuness Track Club 'A' 4:20.00)

2005	Jeuness 'A'	4:24.17
2004	Jeuness 'A'	4:30.86
2003	Jeuness Track Club 'A'	4:20.00
2002	Comets Track Club 'A'	4:29.77

Girls 4x800 Meter Relay Midget

(Region 1 Record: 2002 Transy East Track Club 'A' 10:09.83)

2005	Metro Eagles 'A'	12:13.06
2004	Transy East Track Club 'A'	11:03.03
2003	New York Starz 'A'	11:54.98
2002	Transy East Track Club 'A'	10:09.83

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Girls High Jump Midget

(Region 1 Record: 2002 Natalie Bujalski 90 Colonia, NJ 4-06.00 1.37m)

2005	Yakira Carpenter	93 Supersonics	4-02.00	1.27m
2004	Hudson, Soroya	92 New York Starz	4-06.00	1.37m
2003	Brittany Brown	91 New Rochelle, NY	4-04.00	1.32m
2002	Natalie Bujalski	90 Colonia, NJ	4-06.00	1.37m

Girls Long Jump Midget

(Region 1 Record: 2004 Cumming, Nicole 92 White Plains Fut 14-06.50 4.43m)

2005	Aiyanna James	93 Jersey Shore	13-01.00	3.98m
2004	Cumming, Nicole	92 White Plains Fut	14-06.50	4.43m
2003	Shikiera Dumas	91 Pegasus	13-05.00	4.08m
2002	Stephanie Rodrigue	90 Monmouth Jct, NJ	13-01.75	4.00m

Girls Shot Put Midget

(Region 1 Record: 2005 Alexandria Donahue 93 Wall 29-11.75 9.13m)

2005	Alexandria Donahue	93 Wall	29-11.75	9.13m
2004	Stevens, Amarrae	92 Pittsford, NY	24-10.25	7.57m
2003	Jessica Bunton	91 Tnt	27-02.50	8.29m
2002	Ashlei Alexander	90 queens, NY	29-08.50	9.05m

Girls Discus Throw Midget

(Region 1 Record: 2002 Desiree Stevens 90 Pittsford, NJ 61-04 18.69m)

2005	Alexandria Donahue	93 Wall	50-10	15.49m
2004	Stevens, Amarrae	92 Pittsford, NY	55-03.25	16.84m
2003	Julia Vargo	91 Wall Track C	59-07.50	18.17m
2002	Desiree Stevens	90 Pittsford, NJ	61-04	18.69m

Girls 100 Meter Dash Sub-Youth

(Region 1 Record: 2005 Zalika Dixon 92 Metor Eagles 12.82)

2005	Zalika Dixon	92 Metor Eagles	12.82
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Girls 200 Yard Dash Sub-Youth

(Region 1 Record: 2005 Asja Goode 92 Supersonics 26.10)

2005	Asja Goode	92 Supersonics	26.10
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Girls 400 Yard Dash Sub-Youth

(Region 1 Record: 2005 Asja Goode 92 Supersonics 58.16)

2005	Asja Goode	92 Supersonics	58.16
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Girls 800 Meter Run Sub-Youth

(Region 1 Record: 2005 Malekah Holland 92 Jeuness Track Cl 2:26.00)

2005	Malekah Holland	92 Jeuness Track Cl	2:26.00
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Girls 1500 Meter Run Sub-Youth

(Region 1 Record: 2005 Malekah Holland 92 Jeuness Track Cl 5:01.78)

2005	Malekah Holland	92 Jeuness Track Cl	5:01.78
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Girls 3000 Meter Run Sub-Youth

(Region 1 Record: 2005 Nicole Cordeiro 92 Benfica 11:20.99)

2005	Nicole Cordeiro	92 Benfica	11:20.99
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Girls 100 Meter Hurdles Sub-Youth

(Region 1 Record: 2005 Nicolette St. Lawrence 92 New York Starz 16.52)

2005	Nicolette St. Lawrence	92 New York Starz	16.52
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Girls 200 Meter Hurdles Sub-Youth

(Region 1 Record: 2005 Whitney Fountain 92 Dynamite T/C 29.37)

2005	Whitney Fountain	92 Dynamite T/C	29.37
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Girls 200 Meter Hurdles Sub-Youth

(Region 1 Record: 2005 Whitney Fountain 92 Dynamite T/C 29.78)

2005	Whitney Fountain	92 Dynamite T/C	29.78
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Girls High Jump Sub-Youth

(Region 1 Record: 2005 Zalika Dixon 92 Meteor Eagles 4-10.00 1.47m)

2005	Zalika Dixon	92 Meteor Eagles	4-10.00	1.47m
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Girls Pole Vault Sub-Youth

(Region 1 Record: 2005 Kaylee Bythell 92 Wall 5-00.00 1.52m)

2005	Kaylee Bythell	92 Wall	5-00.00	1.52m
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Girls Long Jump Sub-Youth

(Region 1 Record: 2005 Nicole Cummings 92 White Plains Fut 17-01.00 5.20m)

2005	Nicole Cummings	92 White Plains Fut	17-01.00	5.20m
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Girls Triple Jump Sub-Youth

(Region 1 Record: 2005 Soroya Hudson 92 New York Starz 30-02.25 9.20m)

2005	Soroya Hudson	92 New York Starz	30-02.25	9.20m
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Girls Shot Put Sub-Youth

(Region 1 Record: 2005 Imani Sapini 92 Dragons Elite T. 30-01.00 9.16m)

2005	Imani Sapini	92 Dragons Elite T.	30-01.00	9.16m
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Girls Discus Throw Sub-Youth

(Region 1 Record: 2005 Chelsea Marshall 92 New York Starz 49-10 15.18m)

2005	Chelsea Marshall	92 New York Starz	49-10	15.18m
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Girls Javelin Throw Sub-Youth

(Region 1 Record: 2005 Chelsea Marshall 92 New York Starz 49-00 14.93m)

2005	Chelsea Marshall	92 New York Starz	49-00	14.93m
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Girls 100 Meter Dash Youth

(Region 1 Record: 2004 Nwaneri, Ogechi 90 Maplewood, NJ 12.19)

2005	Monica Phipps	91 Una	12.71
2004	Nwaneri, Ogechi	90 Maplewood, NJ	12.19
2003	Ogechi Nwanari	90 Comets	12.56
2002	Joyanna Henry	88 Saint albans, NY	12.69

Girls 200 Meter Dash Youth

(Region 1 Record: 2004 Nwaneri, Ogechi 90 Maplewood, NJ 25.02)

2005	Monica Phipps	91 Una	26.03
2004	Nwaneri, Ogechi	90 Maplewood, NJ	25.02
2003	Ogechi Nwanari	90 Comets	25.73
2002	Joyanna Henry	88 Saint albans, NY	25.18

Girls 400 Meter Dash Youth

(Region 1 Record: 2003 Symone O'Connor 89 Supersonic 56.83)

2005	Alexis Easterling	91 High Energy	58.91
2004	Muhammed, Dalilah	90 N.Y. Novas	57.85
2003	Symone O'Connor	89 Supersonic	56.83
2002	Symone Oconnor	89 Somerset, NJ	57.60

Girls 800 Meter Run Youth

(Region 1 Record: 2004 Ramsey, Ashley 90 New York Starz 2:21.52)

2005	Alexandria Presley	91 Tsunami	2:27.34
2004	Ramsey, Ashley	90 New York Starz	2:21.52
2003	Kristin Crawford	90 Transy	2:25.09
2002	Kerry-Ann Binns	89 Dover, NJ	2:27.60

Girls 1500 Meter Run Youth

(Region 1 Record: 2003 Briana Jackucewicz 90 Blaze Track 4:53.14)

2005	Safiya Linley	91 New York Starz	5:12.51
2004	Cromartie, Ashley	90 Flanders, NJ	5:00.07
2003	Briana Jackucewicz	90 Blaze Track	4:53.14
2002	Kerry-Ann Binns	89 Dover, NJ	5:03.93

Girls 3000 Meter Run Youth

(Region 1 Record: 2003 Briana Jackucewicz 90 Blaze Track 10:06.70)

2005	Reshel Freeman	91 Elite Flyers	12:40.37
2004	Cromartie, Ashley	90 Flanders, NJ	11:06.51
2003	Briana Jackucewicz	90 Blaze Track	10:06.70
2002	Ibtihaj Amatul-Wadud	88 Springfield, MA	11:44.40

Girls 3000 Meter Race Walk Youth

(Region 1 Record: 2002 Dana Vered 88 Paramus, NJ 16:20.69)

2005	Safiya Linley	91 New York Starz	19:24.50
2004	Snochowski, Allison	90 Unattached	17:47.17
2003	Allison Snochowski	90 Fairlawn, NJ	16:25.87
2002	Dana Vered	88 Paramus, NJ	16:20.69

AAU REGION 1 GIRLS' ANNUAL TOP PERFORMANCES & RECORDS

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Girls 100 Meter Hurdles Youth

(Region 1 Record: 2003 Saleena Rashed 89 Metro 15.78)

2005	Danae Wise	91 Supersonics	16.27
2004	Bujalski, Natalie	90 Colonia, NJ	16.99
2003	Saleena Rashed	89 Metro	15.78
2002	None		

Girls 200 Meter Hurdles Youth

(Region 1 Record: 2004 Muhammed, Dalilah 90 N.Y. Novas 28.33)

2005	Danae Wise	91 Supersonics	29.74
2004	Muhammed, Dalilah	90 N.Y. Novas	28.33
2003	Saleena Rashed	89 Metro	29.15
2002	Wilson Bunton	88 woodbury heights	28.86

Girls 4x100 Meter Relay Youth

(Region 1 Record: 2005 Metro Eagles 'A' 49.79)

2005	Metro Eagles 'A'		49.79
2004	White Plains Future Stars 'A'		50.92
2003	Bronx International Express TC 'A'		52.18
2002	White Plains Superstars 'A'		53.10

Girls 4x400 Meter Relay Youth

(Region 1 Record: 2002 Metro Eagles Track Club 'A' 4:06.44)

2005	Metro Eagles 'A'		4:08.50
2004	N.Y. Novas 'A'		4:09.69
2003	Transy East Track Club 'A'		4:11.26
2002	Metro Eagles Track Club 'A'		4:06.44

Girls 4x800 Meter Relay Youth

(Region 1 Record: 2003 Transy East Track Club 'A' 10:17.92)

2005	Metro Eagles 'A'		11:01.29
2004	Transy East Track Club 'A'		10:20.25
2003	Transy East Track Club 'A'		10:17.92
2002	Supersonc Track Club 'A'		10:20.20

Girls High Jump Youth

(Region 1 Record: 2003 Ashley Newby 89 Comets 5-00.00 1.52m)

2005	Catie Davis	91 Westchester Stri	3-10.00	1.16m
2004	Stewart, Bianca	90 Maplewood, NJ	5-00.00	1.52m
2003	Ashley Newby	89 Comets	5-00.00	1.52m
2002	Ashley Newby	89 Comets	4-08.00	1.42m

Girls Long Jump Youth

(Region 1 Record: 2003 Chia Hudson 89 Yorktown, NY 16-02.75 4.94m)

2005	Alexandria Presley	91 Tsunami	14-05.00	4.39m
2004	Ford, Simone	90 White Plains Fut	15-01.00	4.59m
2003	Chia Hudson	89 Yorktown, NY	16-02.75	4.94m
2002	Whitney Ford	88 White Plains, NY	16-01.25	4.90m

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Girls Triple Jump Youth

(Region 1 Record: 2004 Ramsey, Ashley 90 New York Starz 35-02.25 10.72m)

2005	None			
2004	Ramsey, Ashley	90 New York Starz	35-02.25	10.72m
2003	Chia Hudson	89 Yorktown, NY	31-10.00	9.70m
2002	Christina Verga	88 Seagirt, NJ	23-03.00	7.08m

Girls Shot Put Youth

(Region 1 Record: 2002 Tiona Long 88 New Brunswick, NJ 39-02.50 11.95m)

2005	Shaquella Heyth	91 Elite Flyers	30-03.00	9.22m
2004	Dinkins, Laniqua	90 Zodiacs	30-03.00	9.22m
2003	Janelle Nesbitt	89 Bronx, NY	34-01.00	10.38m
2002	Tiona Long	88 New Brunswick, NJ	39-02.50	11.95m

Girls Discus Throw Youth

(Region 1 Record: 2003 Erica Nixon 89 New Rochelle, NY 80-04.50 24.49m)

2005	Julia Vargo	91 Wall	63-00	19.20m
2004	Vargo, Julia	91 Brielle, NJ	65-08.25	20.02m
2003	Erica Nixon	89 New Rochelle, NY	80-04.50	24.49m
2002	Tiona Long	88 New Brunswick, NJ	79-07	24.25m

Girls Javelin Throw Youth

(Region 1 Record: 2005 Shiekera Dumas 91 White Plains Fut 72-01 21.97m)

2005	Shiekera Dumas	91 White Plains Fut	72-01	21.97m
2004	Vargo, Julia	91 Brielle, NJ	62-07	19.07m
2003	Erica Nixon	89 New Rochelle, NY	56-10	17.32m
2002	Kimberly Detalvo	88 Wall, NJ	71-04	21.74m

Girls 100 Meter Dash Intermediate

(Region 1 Record: 2002 Kela Jackson 86 Rochester, NY 12.00)

2005	Trisha Hawthorne	89 White Plains Fut	12.39
2004	Anderson-Lee, Julia	88 White Plains Fut	12.16
2003	Floree Myers	88 New York, NY	12.53
2002	Kela Jackson	86 Rochester, NY	12.00

Girls 200 Meter Dash Intermediate

(Region 1 Record: 2002 Kela Jackson 86 Rochester, NY 24.30)

2005	Symone O'Connor	89 Supersonics	25.16
2004	Oconnor, Symone	89 Somerset, NJ	25.10
2003	Joy Henry	88 Metro Eagles	25.56
2002	Kela Jackson	86 Rochester, NY	24.30

Girls 400 Meter Dash Intermediate

(Region 1 Record: 2002 Jeavon Benjamin 86 queens, NY 55.43)

2005	Symone O'Connor	89 Supersonics	56.52
2004	Oconnor, Symone	89 Somerset, NJ	56.90
2003	Nakisha Bogle	88 Metro Eagles	58.40
2002	Jeavon Benjamin	86 queens, NY	55.43

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Girls 800 Meter Run Intermediate

(Region 1 Record: 2005 Kaitlyn D'Orazio 90 Unattached 2:22.87)

2005	Kaitlyn D'Orazio	90 Unattached	2:22.87
2004	West, Ayanna	88 Picataway, NJ	2:31.16
2003	Rolanda Bell	87 Metro Eagles	2:23.11
2002	Kerry-Ann Binns	89 Dover, NJ	2:27.60

Girls 1500 Meter Run Intermediate

(Region 1 Record: 2003 Rolanda Bell 87 Metro Eagles 4:59.71)

2005	Kaitlyn D'Orazio	90 Unattached	5:08.81
2004	Hessen Kremper, Amber	89 Brick, NJ	5:31.30
2003	Rolanda Bell	87 Metro Eagles	4:59.71
2002	Rolanda Bell	87 laurelon, NY	5:01.22

Girls 3000 Meter Run Intermediate

(Region 1 Record: 2003 Lourdes Fabian 87 Paterson, NJ 11:20.88)

2005	Kristina Bonfiglio	89 Una	13:09.06
2004	Beers, Catherine	88 Westchester Stri	12:59.79
2003	Lourdes Fabian	87 Paterson, NJ	11:20.88
2002	Tanise Francis	87 Bronx, NY	12:25.85

Girls 3000 Meter Race Walk Intermediate

(Region 1 Record: 2003 Dana Vered 88 Paramus, NJ 15:53.93)

2005	Kristina Bonfiglio	89 Una	19:29.50
2004	Bonfiglio, Kristina	89 Kendall PK, NJ	19:23.69
2003	Dana Vered	88 Paramus, NJ	15:53.93
2002	Katrina Lease	86 Dayton, NY	19:21.20

Girls 100 Meter Hurdles Intermediate

(Region 1 Record: 2005 Chia Hudson 89 New York Starz 16.00)

2005	Chia Hudson	89 New York Starz	16.00
2004	Hudson, Chia	89 New York Starz	16.04
2003	Keva Ramsay	88 Courtlandt, NY	16.20
2002	Candice Bellamy	87 Maplewood, NJ	17.41

Girls 400 Meter Hurdles Intermediate

(Region 1 Record: 2005 Symone O'Connor 89 Supersonics 1:02.00)

2005	Symone O'Connor	89 Supersonics	1:02.00
2004	Ramsey, Keva	88 New York Starz	1:04.89
2003	Keva Ramsay	88 Courtlandt, NY	1:07.90
2002	Tiffany Benjamin	86 Queens, NY	1:08.00

Girls 2000 Meter Steeplechase Intermediate

(Region 1 Record: 2005 Kaylin Gilmartin-Donahue 90 White Plains Fut 8:19.60)

2005	Kaylin Gilmartin-Donahue	90 White Plains Fut	8:19.60
2004	Bonfiglio, Kristina	89 Kendall PK, NJ	10:26.25
2003	None		
2002	None		

AAU REGION 1 GIRLS' ANNUAL TOP PERFORMANCES & RECORDS

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Girls 4x100 Meter Relay Intermediate

(Region 1 Record: 2005 White Plains Future Stars 'A' 49.07)

2005	White Plains Future Stars 'A'	49.07
2004	Awesome Powers 'A'	50.95
2003	Tnt Express 8-18 'A'	50.45
2002	Comets Track Club 'A'	56.10

Girls 4x400 Meter Relay Intermediate

(Region 1 Record: 2002 Metro Eaglestrack Club 'A' 3:49.04)

2005	Transy East Track Club 'A'	4:02.65
2004	Supersonics Track Club 'A'	4:08.92
2003	Supersonics Track Club 'A'	4:03.98
2002	Metro Eaglestrack Club 'A'	3:49.04

Girls 4x800 Meter Relay Intermediate

(Region 1 Record: 2005 Tnt Express Track Club 'A' 9:55.96)

2005	Tnt Express Track Club 'A'	9:55.96
2004	White Plains Future Stars 'A'	10:12.82
2003	Supersonics Track Club 'A'	10:24.01
2002	None	

Girls High Jump Intermediate

(Region 1 Record: 2005 Ashley Mill-Newby 89 Comets 5-04.00 1.62m)

2005	Ashley Mill-Newby	89 Comets	5-04.00	1.62m
2004	Ramsey, Keva	88 New York Starz	5-01.	1.54m
2003	Candice Bellamy	87 Maplewood, NJ	4-08.00	1.42m
2002	Jessica Lanney	87 Concord, NH	5-00.00	1.52m

Girls Pole Vault Intermediate

(Region 1 Record: 2003 Lindsay Regan 88 Easton, PA 11-08.00 3.55m)

2005	None			
2004	Meagher, Jenna	89 Marlboro, NJ	8-00.00	2.43m
2003	Lindsay Regan	88 Easton, PA	11-08.00	3.55m
2002	None			

Girls Long Jump Intermediate

(Region 1 Record: 2002 Kela Jackson 86 Rochester, NY 17-05.50 5.32m)

2005	Chia Hudson	89 New York Starz	16-04.00	4.97m
2004	Hudson, Chia	89 New York Starz	16-08.50	5.09m
2003	Whitney Ford	88 White Plains, NY	15-11.75	4.87m
2002	Kela Jackson	86 Rochester, NY	17-05.50	5.32m

Girls Triple Jump Intermediate

(Region 1 Record: 2005 Chia Hudson 89 New York Starz 36-05.50 11.11m)

2005	Chia Hudson	89 New York Starz	36-05.50	11.11m
2004	Ford, Whitney	88 White Plains Fut	35-00.00	10.66m
2003	Collene Cumberbatch	87 Piscataway, NJ	32-01.00	9.77m
2002	Elissa Reidy	86 Rochester, NY	33-11.50	10.35m

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Girls Shot Put Intermediate

(Region 1 Record: 2004 Long, Tiona 88 New Brunswick, NJ 37-03.00 11.35m)

Year	Name	Team	Time	Distance
2005	Nneka Pile	89 Supersonics	29-06.25	8.99m
2004	Long, Tiona	88 New Brunswick, NJ	37-03.00	11.35m
2003	Alyssa Baker-Farrow	87 long branch, NJ	35-00.00	10.66m
2002	Cherilyn Lawson	86 Plainfield, NJ	35-01.50	10.70m

Girls Discus Throw Intermediate

(Region 1 Record: 2004 Long, Tiona 88 New Brunswick, NJ 117-00.50 35.67m)

Year	Name	Team	Time	Distance
2005	Nneka Pile	89 Supersonics	81-04	24.79m
2004	Long, Tiona	88 New Brunswick, NJ	117-00.50	35.67m
2003	Alyssa Baker-Farrow	87 long branch, NJ	93-09	28.57m
2002	Cassandra Alleva	86 Middletown, NJ	90-04.50	27.54m

Girls Javelin Throw Intermediate

(Region 1 Record: 2005 Indira Morton 89 Unattached 97-00 29.56m)

Year	Name	Team	Time	Distance
2005	Indira Morton	89 Unattached	97-00	29.56m
2004	Detalvo, Kim	88 Wall, NJ	84-03.25	25.68m
2003	None			
2002	None			

Women 100 Meter Dash Young

(Region 1 Record: 2002 Yendy Gilchrist 85 RosedALE, NY 11.70)

Year	Name	Team	Time
2005	Ashley Gonzalez	88 Supersonics	12.30
2004	Hall, Krystal	87 Elite Flyers	12.29
2003	Yendy Gilchrist	85 Metro Eagles	12.75
2002	Yendy Gilchrist	85 rosedALE, NY	11.70

Women 200 Meter Dash Young

(Region 1 Record: 2002 Shana Cox 85 Westbury, NY 23.76)

Year	Name	Team	Time
2005	Julia Anderson-Lee	88 White Plains Fut	25.27
2004	Benjamin, Jeavon	86 Apowers	24.63
2003	Yendy Gilchrist	85 Metro Eagles	24.85
2002	Shana Cox	85 westbury, NY	23.76

Women 400 Meter Dash Young

(Region 1 Record: 2002 Chiny Offor 84 Rosedale, NY 55.31)

Year	Name	Team	Time
2005	Michelle Losey	87 Supersonics	57.75
2004	Benjamin, Jeavon	86 Apowers	55.75
2003	Javon Benjamin	86 Metro Eagles	56.00
2002	Chiny Offor	84 rosedale, NY	55.31

Women 800 Meter Run Young

(Region 1 Record: 2003 Selena Sappleton 86 Metro Eagles 2:11.32)

Year	Name	Team	Time
2005	None		
2004	Bell, Rolanda	87 Apowers	2:23.75
2003	Selena Sappleton	86 Metro Eagles	2:11.32
2002	Adanna Andrews	85 freeport, NY	2:18.30

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Women 1500 Meter Run Young

(Region 1 Record: 2004 Bell, Rolanda 87 Apowers 4:45.74)

2005	Trudy Ann Cover	87 Apowers	5:21.50
2004	Bell, Rolanda	87 Apowers	4:45.74
2003	None		
2002	Taishi Hyatt	84 far rockaway, NY	4:52.70

Women 3000 Meter Run Young

(Region 1 Record: 2004 Gerbino, Cari Anne 85 Green Streaker, NJ 12:43.24)

2005	None		
2004	Gerbino, Cari Anne	85 Green Streaker, NJ	12:43.24
2003	Katrina Lease	86 south brunswick, NJ	16:11.09
2002	Ameena Washington	85 Ruff Kutz	13:10.38

Women 3000 Meter Race Walk Young

(Region 1 Record: 2003 katrina lease 86 south brunswick, NJ 16:11.09)

2005	None		
2004	Stanley, Anine	86 Rosedale, NY	17:30.78
2003	katrina lease	86 south brunswick, NJ	16:11.09
2002	None		

Women 100 Meter Hurdles Young

(Region 1 Record: 2002 Kim Henry 85 Old Bridge, NJ 13.48)

2005	Ashley Adams	87 Tsunami	15.47
2004	Jackson, Kela	86 Pittsford, NY	15.20
2003	Shafeeha Potts	86 Dayton, NJ	15.81
2002	Kim Henry	85 Old Bridge, NJ	13.48

Women 400 Meter Hurdles Young

(Region 1 Record: 2005 Keva Ramsay 88 New York Starz 1:01.09)

2005	Keva Ramsay	88 New York Starz	1:01.09
2004	Ormon, Shauna	86 Rochester, NC	1:11.71
2003	Shafeeha Potts	86 Dayton, NJ	1:09.54
2002	Toni White	85 Queens, NY	1:13.28

Women 2000 Meter Steeplechase Young

(Region 1 Record: 2004 Butler, Takiyah 87 Rochester, NY 8:32.27)

2005	None		
2004	Butler, Takiyah	87 Rochester, NY	8:32.27
2003	None		
2002	None		

Women 4x100 Meter Relay Young

(Region 1 Record: 2005 White Plains Future Stars 'A' 47.88)

2005	White Plains Future Stars 'A'		47.88
2004	Supersonics Track Club 'A'		48.07
2003	Metro Eagles 'A'		50.38
2002	Metro Eaglestrack Club 'A'		49.32

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Women 4x400 Meter Relay Young

(Region 1 Record: 2002 Metro Eaglestrack Club 'A' 3:48.33)

2005	White Plains Future Stars 'A'	4:01.46
2004	Awesome Powers 'A'	3:57.50
2003	Metro Eagles 'A'	3:51.86
2002	Metro Eaglestrack Club 'A'	3:48.33

Woman 4x800 Meter Relay Young

(Region 1 Record:

2005	None	
2004	None	
2003	None	
2002	None	

Women High Jump Young

(Region 1 Record: Keva Ramsay 88 New York Starz 5-02.00 1.57m)

2005	Keva Ramsay	88 New York Starz	5-02.00	1.57m
2004	Bellamy, Candice	87 Maplewood, NJ	4-10.00	1.47m
2003	None			
2002	None			

Women Pole Vault Young

(Region 1 Record: 2003 Courtney Regan 86 Easton, PA 12-00.50 3.67m)

2005	None			
2004	None			
2003	Courtney Regan	86 Easton, PA	12-00.50	3.67m
2002	None			

Women Long Jump Young

(Region 1 Record: 2002 Kim Henry 85 Old Bridge, NJ 17-08.25 5.39m)

2005	Collene Cumberbatch	87 Supersonics	16-03.00	4.95m
2004	Anderson, Racquel	86 Apowers	17-00.00	5.18m
2003	Ayana Wyse	86 White Plains, NY	16-02.25	4.93m
2002	Kim Henry	85 Old Bridge, NJ	17-08.25	5.39m

Women Triple Jump Young

(Region 1 Record: 2005 Whitney Ford 88 White Plains Fut 36-11.50 11.26m)

2005	Whitney Ford	88 White Plains Fut	36-11.50	11.26m
2004	Anderson, Racquel	86 Apowers	35-01.00	10.69m
2003	Card Barnett	85 Long Branch, NJ	27-03.00	8.30m
2002	None			

Women Shot Put Young

(Region 1 Record: 2005 Tiona Long 88 Supersonics 34-09.00 10.59m)

2005	Tiona Long	88 Supersonics	34-09.00	10.59m
2004	Stanley, Anine	86 Rosedale, NY	20-09.50	6.33m
2003	Anine Stanley	86 Rosedale, NY	23-03.00	7.08m
2002	Carol Henn	85 Port Monmouth, NJ	33-06.50	10.22m

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Women Discus Throw Young

(Region 1 Record:

2005	Tiona Long	88 Supersonics	114-11	35.02m
2004	Stanley, Anine	86 Rosedale, NY	61-05	18.71m
2003	katrina lease	86 south brunswick, NJ	65-02	19.86m
2002	Carol Henn	85 Port Monmouth, NJ	95-04.50	29.07m

Women Javelin Throw Young

(Region 1 Record:

2005	Danielle Brown	88 Supersonics	83-05	25.42m
2004	None			
2003	Shafeeha Potts	86 Dayton, NJ	39-10	12.14m
2002	Carol Henn	85 Port Monmouth, NJ	72-08	22.14m