RELAY ROSTER FORM
PLEASE PRINT OR TYPE ALL INFORMATION

Name Of Club_____ **Club#**_____-_____

CHECK 1 BOX ONLY **4x100** ☐ **4x400** **4x800** ☐ ☐

Age Division_____ **Sex**_____

Use separate form for each Age Division/Sex/and Relay Event.

Print or Type First Name-Last Name	ASSOCIATION	REGIONALS		Print or Type First Name-Last Name	ASSOCIATION	REGIONALS	

A. **Do not attach proof of birth documents to this form; this is covered by the athlete's individual entry form.**
B. **List all club members on each roster submitted or duplicate each roster by age/sex (example: Midget Girls 4x100, 4x400, and 4x800 should have same names.)**
C. **No additions or substitutions to this roster is allowed after this form is submitted to the Association Championship**