



## 2008 AAU NEW JERSEY DISTRICT YOUTH TRACK AND FIELD CHAMPIONSHIPS

*Sanctioned by the New Jersey AAU*

**Date:** Sunday June 1<sup>st</sup>

**Site:** Memorial Stadium, Joyce-Kilmer Avenue, New Brunswick, NJ

**Host:** Green Streakers of New Jersey Track Club, with the cooperation of the  
Supersonics Track Club, New Brunswick High School, and New Brunswick  
Board of Education

**Meet Director:** Ron McBride, Phone: 732-545-7614, Fax: 732-738-6692

Divisions Contested Based On Birth Year: Primary 2000 and after, Sub-Bantam 1999,  
Bantam 1997, Sub-Midget 1996, Midget 1995, Sub-Youth 1994, Youth 1993,  
Intermediate 1991-1992 and Young Men/Women 1989-1990.

**Entry Information: \$17.00 PER ATHLETE. REGISTRATION IS PRE-ENTRY ONLY.  
REGISTRATION WILL BE ONLINE ONLY at [www.coacho.com](http://www.coacho.com).**

Click on "Help" box for more detailed instructions on how to register and submit your entry.

**AAU registration number is necessary for online registration. REGISTRATION  
DEADLINE IS MIDNIGHT SATURDAY MAY 17<sup>TH</sup>. Additions and corrections can be  
made continuously online up to the midnight deadline. NO CHANGES WILL BE MADE  
AFTER DEADLINE!**

Primary thru Midget are restricted to 3 events, including relays. Sub-Youth and Youth  
are restricted to 4 events, including relays. **All entry fees are to be paid online at the  
end of registration via credit card (Visa, Master Card, American Express or  
Discovery). . Track and Field entry fee is \$20/athlete. Multi-Event entry fee is  
\$27/athlete (Triathlon), \$28/athlete (Pentathlon) and \$30/athlete (Heptathlon and  
Decathlon).** All athletes must have proof of age (i.e. copy of birth certificate, passport  
or copy of AAU Membership Card with birth validation) at the Championship Meet.  
Multi-Events, Pole Vault, Javelin and Steeple Chase will not be contested at this meet.  
All uncontested events must be registered through this meet in order to be eligible to  
register for region meet. **THERE WILL BE NO REFUNDS OR TRANSFERS.**  
Submit relays online. But, also list relay on individual entry (even if athlete is an  
alternate – it will count towards entry limit). Relay Roster Forms may be downloaded  
from [www.njaau.org](http://www.njaau.org). **AAU membership may be acquired online at  
[www.ausports.org](http://www.ausports.org).**

**Qualification:** To advance to the 2008 AAU Region I Championship held at Yale University, New Haven, Connecticut June 27- 29, 2008. You must place 1<sup>st</sup> thru 8<sup>th</sup> in an individual event or relay. .

**AWARDS:** There will be ribbon awards for the 1<sup>st</sup> thru 6th place. 1<sup>st</sup> thru 8<sup>th</sup> will qualify for Regional Championships. All eighth place ties will qualify for region competition.

**REGISTRATION FOR THE REGION CHAMPIONSHIPS WILL BE ONLINE ONLY AT [WWW.COACHO.COM](http://WWW.COACHO.COM).** All entry fees are to be paid online at the end of registration via credit card (Visa, Master Card, American Express or Discovery). Results for the District Championship will be posted on the internet at [www.aauathletics.org](http://www.aauathletics.org) , [www.njaau.org](http://www.njaau.org) or [www.greenstreakersofnj.com](http://www.greenstreakersofnj.com) within 48 hours of completion of the meet. You will then have 48 hours to go online and register your athlete(s). There will be no exceptions to this registration procedure; given that you registered on the same day in previous years.

**AAU MEMBERSHIP:** All Athletes must be AAU NEW JERSEY ASSOCIATION MEMBERS. To compete on a relay team, the athlete must be a member of that club. All relay teams must submit a copy of current 2008 AAU Club Membership and Relay Roster at the Championship Meet. For individual and club membership applications call Diane McGowan at 1-800-AAU-4USA (1-800-228-4872). No athlete will be allowed to compete without an AAU registration number.

**PACKET PICK UP:** Saturday May 31<sup>st</sup>, 1pm-3pm and Sunday June 4<sup>th</sup>, 8am-1pm at the packet pick up table at **Memorial Stadium.**

**MISC.:** No dressing rooms on site. Competitors must supply own implements. ¼ inch spikes will be aggressively enforced.

**Directions: Memorial Stadium, New Brunswick**

**287 N/S to exit 10 (Easton Ave.) follow Easton Ave., (to New Brunswick) until it ends at the train station. Turn right onto French St. Go under train trestle to first light. Turn left onto Joyce-Kilmer Ave. Follow Joyce Kilmer to Memorial Stadium (approximately 4-5 miles).**

**Route 1 N/S to Livingston Ave exit. Follow Livingston Ave. to New Brunswick High School. Turn left at first street after high school – stadium straight ahead.**

## AGE DIVISIONS

<b>PRIMARY DIVISION (PRB, PRG)</b>			
100M 200M		LJ SP	400M 800M
<b>SUB BANTAM DIVISION (SBB, SBG)</b>			
100M 200M 1500RW	400M 800M	LONG JUMP 4 X 100 RELAY 4 X 400 RELAY	SHOT PUT (6 LBS) 1500M HJ
<b>BANTAM DIVISION (BB, BG)</b>			
100M 200M 400M 800M	1500M 1500M WALK LONG JUMP HIGH JUMP		SHOT PUT (6 LBS) 4 X 100 RELAY 4 X 400 RELAY
<b>SUB MIDGET DIVISION (SMB, SMG)</b>			
100M 200M 400M 800M	1500M 3000M 1500M WALK LONG JUMP	80M HURDLES HIGH JUMP SHOT PUT (6LBS) DISCUS (1K)	4 X 100 RELAY 4 X 400 RELAY 4 X 800 RELAY
<b>MIDGET DIVISION (MB, MG)</b>			
100M 200M 400M 800M	1500M 3000M 1500M WALK LONG JUMP	80M HURDLES HIGH JUMP SHOT PUT (6LBS) DISCUS (1K)	4 X 100 RELAY 4 X 400 RELAY 4 X 800 RELAY
<b>YOUTH DIVISION (YB, YG)</b>			
100M 200M 400M 800M 1500M 3000M	3000M WALK 4 X 100 RELAY 4 X 400 RELAY 4 X 800 RELAY 100M HURDLES (B-33") 100M HURDLES (G-30") 200M HURDLES (30") DISC (1K)	LONG JUMP TRIPLE JUMP HIGH JUMP  SHOT PUT (B-4K) SHOT PUT (G-6 LB.0)	

## ORDER OF EVENTS (TRACK) 9:00 AM Fully Automatic Timing (F.A.T.)

4 X 800 RELAY	(SMB, SMG, MB, MG, SYB, SYG, YB, YG)	FINAL
3000M RUN	(SMB, SMG, SYB, SYG, YB, YG)	FINAL
4 X 100M RELAY	(BB, BG, MB, MG, YB, YG)	FINAL
3000M WALK	(SYB, SYG, YB, YG)	FINAL
1500M WALK	(SBB, SBG, BB, BG, SMB, SMG, MB, MG)	FINAL
200M HURDLES	(SYB, SYG, YB, YG) 5 X 30	FINAL
1500M	(SBB, SBG, BB, BG, SMB, SMG, MB, MG, SYB, SYG, YB, YG,)	FINAL
100M	(PRB, PRG, SBB, SBG, BB, BG, SMB, SMG, MB, MG, SYB, SYG, YB, YG)	SEMI
400M	(PRB, PRG, SBB, SBG, BB, BG, SMB, MB, MG, SYB, SYG, YB, YG)	FINAL
80M HURDLES	(SMB, SMG, MB, MG) 8 X 30	FINAL
100M HURDLES	(SYB, SYG, YB, YG,) 10 X (33") (30")	FINAL
100M DASH	(PRB, PRG, SBB, SBG, BB, BG, SMB, SMG, MB, MG, SYB, SYG, YB, YG)	FINAL

800M	(PRB, PRG, SBB, SBG, BB, BG, SMB, SMG, MB, MG, SYB, SYG, YB, YG)	FINAL
200M	(PRB, PRG, SBB, SBG, BB, BG, SMB, SMG, MB, MG, SYB, SYG, YB, YG)	FINAL
4 X 400M RELAY	(BB, BG, MB, MG, YB, YG)	FINAL

## **ORDER OF FIELD EVENTS-8:30 A.M.**

**(Implement weigh-in is 8:00am)**

LONG JUMP	(SYB, SYG, YB, YG, BB, BG, SBB, SBG, MB, MG, SMB, SMG, PRB, PRG)
TRIPLE JUMP	(SYB, SYG, YB, YG) to follow Long Jump
HIGH JUMP	(SMB, SMG, MB, MG, SBB, SBG, BB, BG, SYB, SYG, YB, YG)
SHOT PUT	(PRB, PRG, SBB, SBG, SYB, SYG, YB, YG, BB, BG, SMB, SMG, MB, MG)
DISCUS	(SYB, SYG, YB, YG, SMB, SMG, MB, MG) to follow shot-put

\*There are no separate fees for relays. All relay participants must be a registered athlete, in this meet. All alternates must be registered athletes, even though they may not have an individual event